

Laying Groundwork for MACL's Future

The past 6 months have seen an array of strategic planning activities at MACL. Leadership teams, program teams, the people we serve, the Board and other stakeholders have helped us identify the following questions as part of our global SWOT (strengths, weaknesses, opportunities and threats) analysis:

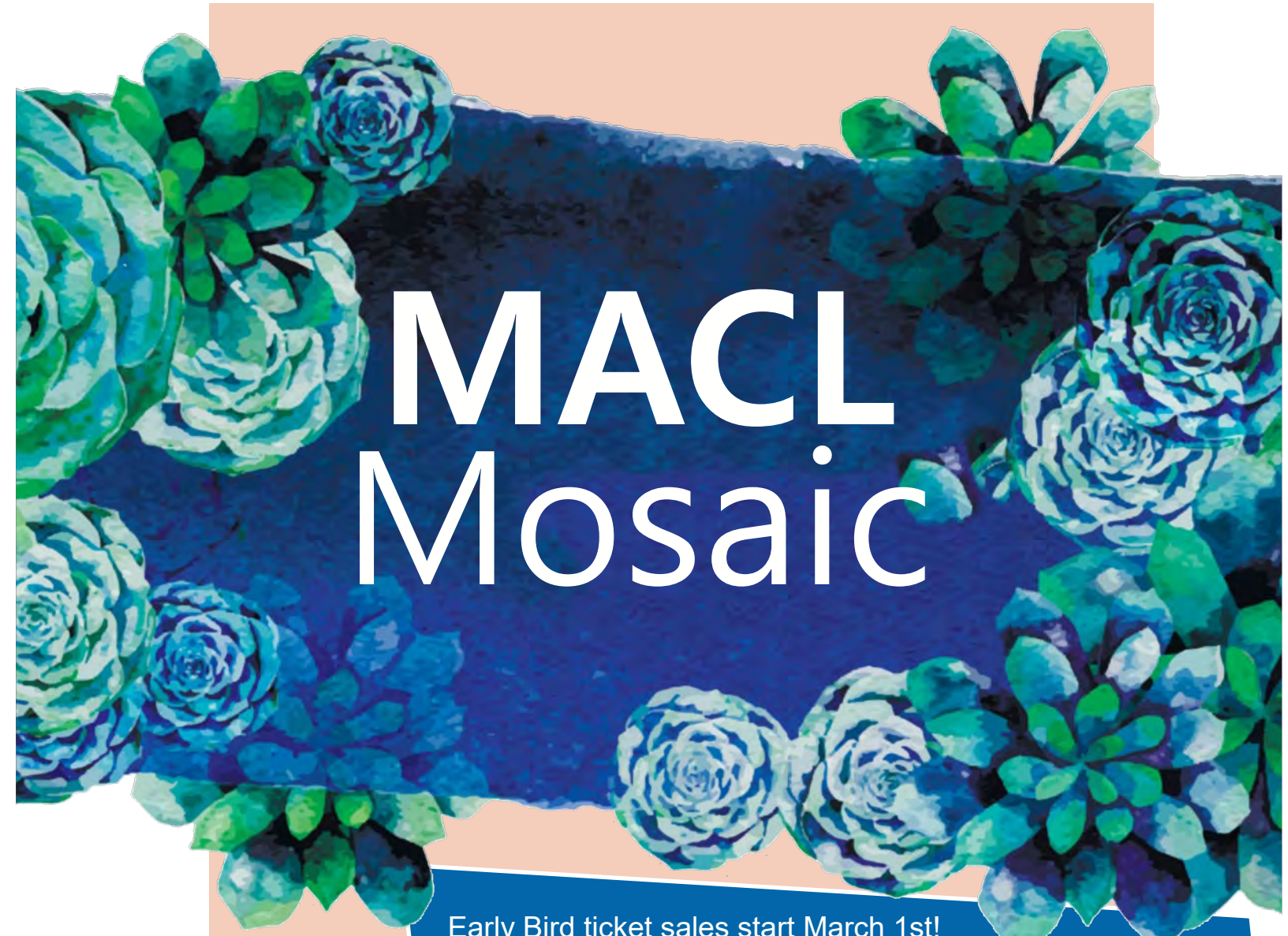
- What are our biggest areas of strength?
- What makes MACL unique?
- In what areas are we weak?
- What do we need to improve?
- What are ongoing trends?
- Where do opportunities exist for MACL?
- What are external threats for MACL?
- What vision do we hold for MACL's future?

This process has given us the opportunity to come together and talk about what we love and value at MACL, and also what we would like to see change and improve. It was encouraging to see common themes emerge across the programs and groups who participated in the SWOT.

Using the input received across the organization and from our community stakeholders, MACL's Board of Directors and senior leadership held a full-day strategic planning session. It was there that we developed shared priorities and identified strategic goals that will shape and guide the day-to-day work at MACL.

It has been exciting to see the plan develop. It is an important document, as it connects our vision for "an inclusive and caring community where choice, opportunity and a fulfilling quality of life are realized" with the more immediate and shorter-term goals that will help us reach that vision. As the plan is finalized, I look forward to not only sharing it, but also to updating our community on the progress we make and the successes we realize. Along our journey we will also identify where more focus is needed as we continue our mission to support individuals with developmental disabilities, children who require extra support, and their families.

Dawn



MACL Mosaic

Early Bird ticket sales start March 1st!

Welcome SUMMER GALA



OUR MISSION

Our purpose is to support individuals with developmental disabilities, children who require extra support, and their families

OUR VISION

Our vision is an inclusive and caring community where choice, opportunity and fulfilling quality of life are realized.

Presenting Sponsor:



TOM OSTERBERG

Thinking Real Estate? Talk to Tom

604-615-6446

Contact Us:

Phone: 604-826-9080
Fax: 604-826-9611
Email: macl@macl.bc.ca



We're on the web
www.missionacl.org

Follow us on



@MissionACL



Residential Services

Personal relationships and a healthy sense of belonging are basic human needs. MACL's 6 staffed residential homes focus on creating true homes and a sense of belonging for those who choose to live in them.

Individuals live together with support from workers who help create nurturing environments.... homes that enhance security & privacy while meeting the intellectual, physical, emotional, social and spiritual needs of each person.

Our homes are located in community neighborhoods in and around Mission.



Brett & Kirk share some silly stories



Filter fun with Robbie



Jamie's Living room camp out



YOU'RE HIRED! WORK WITH MACL

Welcome to the team!

- Peyman to **7th Avenue Home**
- Rakhi to **Tavernier Home**
- Alka & Loree to **Murray Home**
- Newton to **Bannister Home**
- Mel to **Goundrey Home**
- Colleen to **Sandcastle Preschool**
- Chantel and Lindsay to the **Child & Youth Activity Program**
- Rachel to the **Supported Child Development Program**

Now Hiring

for casual and Part Time positions
If you or someone you know are interested in working for MACL, call our office to discuss your qualifications.
Visit our webpage and submit an employment application today!

www.missionacl.org

We are looking for warm, caring, kind and engaging staff in the following programs:

- Child & Youth Activity Program (CYA)
- Staffed Residential
- Community Inclusion



“Your work could make a difference in someone's life!”

MACL now offers an Employee Assistance Program for ALL staff!



As of February 1st 2019, all staff can now access LifeWorks, a confidential employee assistance program. This wellbeing resource offers support with life, health, family, money, work, and everything in between. Information will be distributed to all employees and can be found on the employee board at your program site.

Supported Living Service/Outreach

“Living a Successful Life”

When someone is referred to as successful, we often think of movie stars, tycoon moguls, and people in positions of power. The truth is, success can mean different things for each person. According to the Cambridge dictionary, success is defined as “the achieving of the results wanted or hoped for”. At Supported Living Service/Outreach, we strive each day to help the people we serve to reach their level of success. For many individuals, success is tied to living and thriving independently in the community.

Bryce is one of the individuals we serve that has reached many levels of success, both personally and professionally. When asked what independent living means to him, Bryce said that he has the independence to decide where, and how he wants to live. The freedom to make his own choices, even if that means not all of those choices end up with the desired outcome. Bryce said that making choices allows him to “learn life's lessons on my own”. Bryce also said that having his own living space, means he can have friends over if he wants to. “Independence means learning new cooking and baking skills which allow me to make my own meal choices, and shop for my own groceries”.

Accessing the community, and learning about what is going on politically, empowers Bryce to advocate for himself, and for his peers with disabilities. This is important to Bryce, and gives him “the feeling of control over my own life”. Bryce lives and works in the community, accesses the sports and leisure activities of his own choosing, and is involved in the local Self-Advocates group. For Bryce, that is the picture of a successful life. Bryce's final thought was “with every right, comes a responsibility, and the accountability for your actions”.



We Are All Citizens ...



Mission Self Advocacy Group

The Mission Self Advocacy Group is made up of people with disabilities. We meet the 3rd Tuesday of the month from 5:30pm to 7:30pm. (no meetings in July, August or December)

For further information please contact:

Tom Hanna, President
Tel: 604-226-0382
Email: tomhanna1029@outlook.com

Bryce Schaufelberger, Vice-President
Tel: 604-226-6591
Email: bryce_schaufelberger@msn.com

Arlene Schouten, Advisor
Tel: 604-855-3140
Email: arlene@FamilySupportBC.com

New Location!
The Boardroom
at Vancity Credit Union
Unit #150 - 32555
London Avenue
(At the Junction Mall)



New to Mission?

We welcome you to contact us to learn about our group

We are always looking to recruit self-advocates, volunteers and sponsors to join!



Join us every Monday in celebrating Community, Cultures & Diversity

When: Every Monday (except stat holidays) 9:30-11:30

Where: Mission Elks Hall, 33336 2nd Avenue

Cost: \$2 (bring a Toonie)

Contact macl@macl.bc.ca for more information



MACL's Cultural Café offers a variety of different music genres and entertainment. Alex (left) enjoys the opportunity to dance with abandon.

Family Support

Documentation all in one place

In a world where parents already feel stretched in many aspects of our lives, it is difficult to take on one more task. The thought of keeping records or a journal would seem like tedious work, but if you start from the beginning of diagnosis, the task will not be as daunting as you may think. Keeping good records of your child's behaviors, treatments, therapies, and educational experiences can help you and service providers. It will allow for a quick reference when needing information. Here is a list of items that could be part of your record keeping:

1. Your child's strengths and interests
2. Individualized Education Plan and other official service plans
3. Evaluations/assessments by the school system or by independent evaluators
4. Medical Records
5. Progress reports and report cards
6. Any standardized tests that have been done and the results
7. Notes on your child's behavior or progress
8. Correspondence from professionals
9. Documents relating to behavior concerns
10. Formal notice of meetings that were scheduled about your child
11. Samples of school work

So grab a binder, or two and start filing information about your child. You may want to divide it into sections like Medical, School, Therapy or Treatment as it applies to your child. Happy Record Keeping!

If you would like to join our monthly Family Support meeting, please contact Kerridan Dougan at 604-826-9080 ext. 280.

Also check out our Facebook page, Mission Association For Community Living for upcoming events!



Supported Child Development Program

Helping Kindergarten Get Ready for All Children

There is always much talk amongst parents and caregivers on helping children get ready for Kindergarten. We can all feel the pressure of making sure that children know their ABCs and 123s, that they know how to tie their shoes and print their name. However, when parents and caregivers focus on the academics of being ready to attend school, they are missing the important foundational skills that children really need to be ready to enter Kindergarten. The most important foundational skills that support a child's readiness for kindergarten are social and emotional learning, the ability to play and cooperate with peers and the ability to form relationships with the adults and children they interact with.

Our job as the big people in children's lives is to ensure that Kindergarten and other early learning programs are ready for the children to attend. Have we created environments that encourage children to explore and learn about the world around them through play? Are our expectations realistic for the developmental stage the child is at? Are we able to meet a child where he's at in any area of his development and support him to learn about his emotions and how to play with his friends. The consultants with the Supported Child Development Program are ready to help support children and families through the upcoming months with the important transition to Kindergarten. If you have a child who may need extra support in their current preschool or daycare setting and who will be transitioning to Kindergarten in the fall of 2019, please do not hesitate to call and make a referral to the Supported Child Development Program at MACL.

Note: Kindergarten registration began the week of January 14/19. Please visit your local school to register.



MACL's Supported Child Development acknowledge the financial support of the Province of British Columbia.



To access SCDP services parents may contact SCDP directly or children may be referred by community professionals such as Infant Development Consultants, Therapists, Public Health Nurses, Doctors, Social Workers, etc

Child Youth Activity Program:

What Four Mission Youth have to say about their rights:

- Matthew – “I have the right to freedom of speech and to identify as whatever I please”
- Cody – “I have the right to have involuntary movements and not be embarrassed by them”
- Andrew – “I have the right to say what I want and do what I want”
- Ryan – “I have the right to be spoken to with respect”



Community Development Program:

We are fortunate to live in a community that has such great fitness facilities! Many of the people we support at our Community Development Program really enjoy regular visits to the pool. Our local pool is accessible, with gradual entry into pools and the hot tub, and lifts. In the water, muscles relax and joints are supported. Oh—and.... Swimming is just plain fun!



Sandcastle Preschool

Ahoy There Matey's!

The children were so happy to be back and we have been busy with our new theme: Fun, Fantasy and Fairytales! There has been a lot of treasure hunting going on, both inside and outside, especially with the sunny days we've been having, what a treat!

Registration for September 2019 opened on January 2/19 and has been very busy, if you know of anyone who may be interested, please let them know, as spaces are filling quickly.

We would like to extend a very warm thank-you to Bill and Linda Golightly and Barney and Penny Dobson for once again making our Christmas party extra special. Thanks for being Santa and the elves once again!

We wish everyone a very Happy New Year!



ISS (Individual Support Services)

Highlighting our New Darkroom where we are Developing Photos AND Photography Skills

Andrea and Sean kicked off the opening of our new photography dark room by selecting photo projects that expressed their unique interests. During the completion their projects, they learned darkroom development skills.

Are you interested in learning about darkroom for the first time or brushing up on your skill? If so, please let us know. If we get enough interest we will host some workshops.

Andrea washes her print

Sean's shadow print



“A darkroom is a workshop used by photographers working with photographic film to make prints and carry out other associated tasks. It is a room that can be made completely dark to allow the processing of the light-sensitive photographic materials, including film & photographic paper.” - Wikipedia

Bridge Skills Development

A season of FUN!

FUN... learning at Bridge



FUN... in the Community



FUN... at MACL's 60th Anniversary dinner & dance



FUN...at the MACL Holiday Breakfast!

Employment Services:

Welcome to Mission: our Newest Champion Employer, Meridian Farm Market!

MACL Employment Services is pleased to work with Missions new Meridian Farm Market. Not only are they a great store but also an inclusive champion employer! The work culture is a place of upbeat employees who seem truly happy in their jobs. With these happy employees you can see why they are able to provide great customer experience. This new location offers fresh local produce, an artisan deli, fresh baked breads, specialty groceries and, of course, their full-service butcher shop featuring their Grass-Fed Beef, Free-Run Chicken and selection of Ocean Wise seafood. If you haven't already had a chance to do so, we recommend you go check them out!

Meridian Farm Market has been a fantastic business to partner with as they employ a team of caring, accommodating and very flexible managers and staff. Meridian Farm Markets is a place that provides opportunities to build a career. Several of their store managers have started with them as students and have developed and progressed their career from there to store manager roles. They offer development pathways and provide full training for those qualified and seeking to progress, including sponsored trade apprentices in (LINK) retail meat cutting (butchery). Check out their career opportunities at <https://meridianfarmmarket.ca/>



Congratulations Laure and Jamie at your new jobs at Meridian Farm Market!



MentorAbility connects businesses with the disability community by matching protégés with a mentor from a local business to explore career opportunities and learn what is needed in order to achieve their dream job through activities such as job shadowing and work site tours.

Kyla was mentored by Mission mayor Pam Alexis. She toured city hall, visited the fire department, went for a ride in a fire truck and went for lunch at Blackberry Kitchen



Derek with the Abby Locksmith team

Ashley spent the day at Silverdale Doggy Vacation Lodge



Liam was mentored by Scotty Mac of Elite Canadian Championship Wrestling

Kudos to the socially responsible businesses below for providing individuals with disabilities the opportunity for employment that showcases their talents, skills and abilities.

Employees with disabilities bring with them diverse perspectives, enhanced problem solving skills, greater adaptability, sensitivity to others and higher retention rates.

Our Champion Employers Are Growing!



Call us today to learn how YOUR business can become a Champion Employer!
(604) 820-1815

